

Possible Nursing Diagnoses	Collaborative Interventions	Independent Interventions
Knowledge Deficit	Diabetes educators, MD	Instructive literature, verbal teaching, demonstrations
Imbalanced Nutrition: more than body requirements	RD/ nutrition work with patient to form a meal plan	Patient teaching about appropriate diet balance
Risk for Ineffective Tissue Perfusion	Wound care nurses if wounds present	Monitor peripheral pulses, color, temp, oxygen sat
Risk for Impaired Skin Integrity	DME vendors, work with ancillary staff to turn patient and bathe	Monitor skin, turn pt, ensure nutrition, assess skin
Risk for Infection	Administer prescribed antimicrobials	Ensure nutrition, hygiene measures, hand washing, monitor vital signs for s/s of infection
Ineffective Health Maintenance	Enlist interventions of PCP, educators, mental health	Assess reasons for inability to maintain health
Anxiety	MSW, PT, mental health providers, MD	Empathetic listening, instruction in nonpharm. stress relief
Fluid Volume Deficit	Administer prescribed fluids, monitor BG and keep within normal range with insulin as prescribed	Monitor intake & output, watch for signs of dehydration, monitor labs and electrolytes
Activity Intolerance	PT to develop exercise routine MD to ok patient for exercise	Teach activities that can perform at their level, regular walking is an appropriate beginning
Risk for Unstable BG	Diabetic educators	Instruct in regular log-keeping and evaluation by RN